

Nutrition Diagnostic Terminology

INTAKE

Defined as "actual problems related to intake of energy, nutrients, fluids, bioactive substances through oral diet or nutrition support"

Energy Balance (1)

Defined as "actual or estimated changes in energy (kcal) balance"

- Unused NI-1.1
- Increased energy expenditure NI-1.2
- Unused NI-1.3
- Inadequate energy intake NI-1.4
- Excessive energy intake NI-1.5

Oral or Nutrition Support Intake (2)

Defined as "actual or estimated food and beverage intake from oral diet or nutrition support compared with patient goal"

- Inadequate oral food/ beverage intake NI-2.1
- Excessive oral food/ beverage intake NI-2.2
- Inadequate intake from enteral/parenteral nutrition NI-2.3
- Excessive intake from enteral/parenteral nutrition NI-2.4
- Inappropriate infusion of enteral/parenteral nutrition (use with caution) NI-2.5

Fluid Intake (3)

Defined as "actual or estimated fluid intake compared with patient goal"

- Inadequate fluid intake NI-3.1
- Excessive fluid intake NI-3.2

Bioactive Substances (4)

Defined as "actual or observed intake of bioactive substances, including single or multiple functional food components, ingredients, dietary supplements, alcohol"

- Inadequate bioactive substance intake NI-4.1
- Excessive bioactive substance intake NI-4.2
- Excessive alcohol intake NI-4.3

Nutrient (5)

Defined as "actual or estimated intake of specific nutrient groups or single nutrients as compared with desired levels"

- Increased nutrient needs (specify) _____ NI-5.1
- Evident protein-energy malnutrition NI-5.2
- Inadequate protein-energy intake NI-5.3
- Decreased nutrient needs (specify) _____ NI-5.4
- Imbalance of nutrients NI-5.5

Fat and Cholesterol (5.6)

- Inadequate fat intake NI-5.6.1
- Excessive fat intake NI-5.6.2
- Inappropriate intake of food fats (specify) _____ NI-5.6.3

Protein (5.7)

- Inadequate protein intake NI-5.7.1
- Excessive protein intake NI-5.7.2
- Inappropriate intake of amino acids (specify) _____ NI-5.7.3

Carbohydrate and Fiber (5.8)

- Inadequate carbohydrate intake NI-5.8.1
- Excessive carbohydrate intake NI-5.8.2
- Inappropriate intake of types of carbohydrate (specify) _____ NI-5.8.3
- Inconsistent carbohydrate intake NI-5.8.4
- Inadequate fiber intake NI-5.8.5
- Excessive fiber intake NI-5.8.6

Vitamin (5.9)

- Inadequate vitamin intake (specify) _____ NI-5.9.1
 - Excessive vitamin intake (specify) _____ NI-5.9.2
- | | |
|--|-------------------------------------|
| <input type="checkbox"/> A | <input type="checkbox"/> Riboflavin |
| <input type="checkbox"/> C | <input type="checkbox"/> Niacin |
| <input type="checkbox"/> D | <input type="checkbox"/> Folate |
| <input type="checkbox"/> E | <input type="checkbox"/> B6 |
| <input type="checkbox"/> K | <input type="checkbox"/> B12 |
| <input type="checkbox"/> Thiamin | |
| <input type="checkbox"/> Other (specify) _____ | |

Mineral (5.10)

- Inadequate mineral intake (specify) _____ NI-5.10.1
 - Excessive mineral intake (specify) _____ NI-5.10.2
- | | |
|--|-------------------------------------|
| <input type="checkbox"/> Calcium | <input type="checkbox"/> Phosphorus |
| <input type="checkbox"/> Iron | <input type="checkbox"/> Potassium |
| <input type="checkbox"/> Magnesium | <input type="checkbox"/> Zinc |
| <input type="checkbox"/> Other (specify) _____ | |

CLINICAL

Defined as "nutritional findings/problems identified that relate to medical or physical conditions"

Functional (1)

Defined as "change in physical or mechanical functioning that interferes with or prevents desired nutritional consequences"

- Swallowing difficulty NC-1.1
- Biting/Chewing (masticatory) difficulty NC-1.2
- Breastfeeding difficulty NC-1.3
- Altered GI function NC-1.4

NC

Biochemical (2)

Defined as "change in capacity to metabolize nutrients as a result of medications, surgery, or as indicated by altered lab values"

- Impaired nutrient utilization NC-2.1
- Altered nutrition-related laboratory values (specify) _____ NC-2.2
- Food-medication interaction NC-2.3

Weight (3)

Defined as "chronic weight or changed weight status when compared with usual or desired body weight"

- Underweight NC-3.1
- Involuntary weight loss NC-3.2
- Overweight/obesity NC-3.3
- Involuntary weight gain NC-3.4

BEHAVIORAL-

ENVIRONMENTAL NB

Defined as "nutritional findings/problems identified that relate to knowledge, attitudes/beliefs, physical environment, access to food, or food safety"

Knowledge and Beliefs (1)

Defined as "actual knowledge and beliefs as related, observed or documented"

- Food- and nutrition-related knowledge deficit NB-1.1
- Harmful beliefs/attitudes about food- or nutrition-related topics (use with caution) NB-1.2
- Not ready for diet/ lifestyle change NB-1.3
- Self-monitoring deficit NB-1.4
- Disordered eating pattern NB-1.5
- Limited adherence to nutrition-related recommendations NB-1.6
- Undesirable food choices NB-1.7

Physical Activity and Function (2)

Defined as "actual physical activity, self-care, and quality-of-life problems as reported, observed, or documented"

- Physical inactivity NB-2.1
- Excessive exercise NB-2.2
- Inability or lack of desire to manage self-care NB-2.3
- Impaired ability to prepare foods/meals NB-2.4
- Poor nutrition quality of life NB-2.5
- Self-feeding difficulty NB-2.6

Food Safety and Access (3)

Defined as "actual problems with food access or food safety"

- Intake of unsafe food NB-3.1
- Limited access to food NB-3.2

Date Identified	Date Resolved

#1 **Problem** _____
Etiology _____
Signs/Symptoms _____

#2 **Problem** _____
Etiology _____
Signs/Symptoms _____

#3 **Problem** _____
Etiology _____
Signs/Symptoms _____

Diagnosis