Transition Guide for Children and Youth with Special Health Care Needs in Arizona

Start Here to Begin!

Step 1: Age 12-14
Learn about transition and what the OCSHCN can do for the patient. Identify educational needs and begin working on developmentally appropriate tasks.

Yes

Review: IEP Tips
Advocacy Tips

No

Does the patient have an IEP or 504 plan? Here's the difference.

Step 2: Age 15-17
Complete Step 1
Explore post-high school options and identify decision-making needs. At 17, establish timeline to transition to adult care.

Is the patient eligible for Vocational Rehabilitation? Learn more.

Before 18, make decisions about guardianship, advance directive, voting, and other legal needs.

Step 3: Age 18-21
Complete Step 2
Identify insurance coverage and make decisions about future plans. Transfer to adult care providers when applicable.

What insurance will the patient have as an adult?

Review options and discuss with Family: Health-e-Arizona HealthCare.gov

Patient Tasks
- Describe medical condition
- Name medication/therapies
- Advocate for self at school/appointments
- Start thinking about future plans
- Make positive lifestyle choices
- Review transition checklist

Patient Tasks
- Make own appointments
- Increase medication responsibility
  - Refill prescriptions
  - Check expiration dates
- Meet with guidance counselor to explore post-high school options
- Review adolescent health topics here
- Review transition checklist

Patient Tasks
- Transfer to adult care
- Re-apply for SSI benefits
- Ensure insurance coverage
- What's next?
  - Continued education
  - Employment
- Review transition checklist

Before 18, make decisions about guardianship, advance directive, voting, and other legal needs.

*Based off of the FloridaHATS transition program.

Glossary:
OCSHCN: Office for Children with Special Health Care Needs